

BEHAVIOUR SUPPORT



Behaviour Support

Empowering children to communicate their needs in appropriate ways.

Why Growing Early Minds?

We make it easy for families to access speech-language pathology, occupational therapy, dietetics, psychology and behaviour support all under the one roof.

- Proud history of over 20 years
- Experienced allied health professionals
- Best practice, evidence-based methods
- Collaborative, holistic, family-centered approach
- Support offered in clinic, mobile or via telehealth
- Link to free supported playgroups and programs
- Registered NDIS and Medicare Provider
- Interpreting and translation services available
- Memberships held across all peak bodies
- Not-for-profit, registered charity status
- TPV and ISO9001 certified



Australia Health Practitioner Regulation Agency (AHPRA) supports 15 National Boards and is responsible for regulating health professions e.g. occupational therapy, psychology etc.

The primary role of the National Boards is to protect the public and set standards and policies that all registered health practitioners must meet. All our Growing Early Minds psychologist are registered AHPRA practitioners.

About Growing Early Minds

Growing Early Minds is a community based, not-for-profit organisation that provides early intervention and disability support to children between 0-16 years.

We're a registered NDIS and Medicare provider and families have the option to visit us in clinic, mobile or via telehealth.

We're committed to supporting and growing the potential of children, families and communities, and this has remained unchanged since our initial establishment in 1994.

For more information about our team, services, programs and funding options visit growingearlyminds.org.au

All behaviour happens for a reason and behaviours of concern are no different.

Behaviour is a form of communication; our role is to try and understand or determine what your child is trying to tell you.



Behaviours of concern?



Providing children with strategies to express and regulate their emotions.



Experience with complex needs, developmental delay or disability.



Start your journey by contacting us today!

What is behaviour support?

Behaviour support can help children and their families prevent or reduce behaviours of concern, which usually occurs when a child is experiencing difficulties communicating their needs effectively within their environment. Our experienced psychologists and behaviour support practitioners use an evidence-based model called Positive Behaviour Support (PBS) which focuses on a range of preventative strategies to assist with developing new skills, communicating effectively, managing emotions and more.

What are the goals of behaviour support?

Every child is different, and the goals will depend on their individual needs. Some aims of behaviour support may include:

- Helping families and carers to identify causes of behaviour and how to effectively support this
- Empowering children to communicate their needs in appropriate ways
- Providing children with strategies to express or regulate their emotions
- Implementing environmental adaptations to support the child
- Reducing tantrums, aggression and other disruptive behaviour
- Teaching appropriate replacement behaviours
- Increasing compliance and following instructions
- Improving school performance and attention

Would my child benefit from behaviour support?

There are a number of signs which could indicate your child may benefit from behaviour support. These may include:

- Presenting with behaviour that is disruptive or concerning
- Difficulty coping with big changes or transitions in life
- Experienced trauma and is unable to cope
- Expressing frustration, anger or aggression
- Non-compliance and school refusal
- Signs of withdrawal and anxiety
- Sibling conflict and rivalry
- Lacking impulse control
- Poor communication skills
- Poor concentration skills
- Poor social skills
- Toileting issues



What can I expect during a behaviour support session?

Our sessions range from 30, 45 or 60 minute time blocks and will be with one of our experienced psychologists or behaviour support practitioners. During our consultation, we'll gather information related to the child's lifestyle, family history, medical conditions, communication needs and the behaviours of concern.

This may include developing a written behaviour support plan, we'll work with the child, family, educators and other health professionals to ensure everyone is equipped with the right strategies and tools to prevent and respond to any behavioural situations.

How do I arrange an appointment?

If you feel behaviour support might be beneficial contact us today. You don't need a referral from a GP or paediatrician, although this may help offset the cost of therapy. We will discuss with you the best pathway, fees and provide you with our referral form, along with any other important information we've discussed. Alternatively, you can download our referral form directly from our website.

Ask about our tailored educator workshops, parent training and school programs we offer.

Talk to us today to see
how we can help you.

Visit us in clinic, mobile or via telehealth.



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Registered NDIS Provider | Allied health professionals | Not-for-profit
Growing Early Minds is an initiative of Growing Potential Ltd.