

# SPEECH-LANGUAGE PATHOLOGY



## Speech-Language Pathology

Empowering children  
to communicate.



## Why Growing Early Minds?

We make it easy for families to access speech-language pathology, occupational therapy, dietetics, psychology and behaviour support all under the one roof.

- Proud history of over 20 years
- Experienced allied health professionals
- Best practice, evidence-based methods
- Collaborative, holistic, family-centered approach
- Support offered in clinic, mobile or via telehealth
- Link to free supported playgroups and programs
- Registered NDIS and Medicare Provider
- Interpreting and translation services available
- Memberships held across all peak bodies
- Not-for-profit, registered charity status
- TPV and ISO9001 certified



Speech Pathology Australia is the national peak body for the speech pathology profession in Australia. All our Growing Early Minds speech-language pathologists are certified practising members.

## About Growing Early Minds

**Growing Early Minds is a community based, not-for-profit organisation that provides early intervention and disability support to children between 0-16 years.**

**We're a registered NDIS and Medicare provider and families have the option to visit us in clinic, mobile or via telehealth.**

**We're committed to supporting and growing the potential of children, families and communities, and this has remained unchanged since our initial establishment in 1994.**

**For more information about our team, services, programs and funding options visit [growingearlyminds.org.au](http://growingearlyminds.org.au)**

# Speech-language pathology can support children to reach their potential.

Overcome communication concerns such as difficulty expressing themselves, understanding instructions, unclear speech, stuttering and more.



Is your child struggling to speak or to be understood?



Learn new skills to help them communicate effectively every day.



Experience with complex needs, developmental delay or disability.



Start your journey by contacting us today!

## What is speech-language pathology?

Speech-language pathology can help children learn to speak and communicate clearly. Learning how to communicate effectively can support your child to speak and listen in a way that can have a significant impact on their life — now and in the future.

## What are the goals of speech-language pathology?

Every child is different, and the goals will depend on their individual needs. Some goals involve working on:

- **Fluency** – stuttering
- **Literacy skills** – reading, writing, and spelling
- **Language development** – understanding and speaking
- **Speech development** – clarity, articulation, and dyspraxia
- **Functional communication skills** – communicating in everyday life
- **Social skills** – making friends, social interactions
- **Feeding and swallowing issues** – difficulty coordinating sucking and swallowing, limited food choices etc.
- **Oro-motor skills** – movement and muscle tone in the jaw, cheeks, lip and tongue and structure of the palate, teeth, and the tonsils



## Would my child benefit from speech-language pathology?

There are a number of signs which could indicate your child may benefit from speech-language pathology. These may include:

- Difficulties reading, writing or spelling
- Frustration and difficulties expressing themselves
- Difficulties following directions
- Difficulties with speech development, articulation or dyspraxia
- Difficulties with using the correct grammar
- Stuttering
- Difficulties in the classroom listening and completing tasks
- Withdrawal from social situations and making friends
- Not eating a wide variety of foods and drinks
- Attention or concentration difficulties
- Difficulties with voice quality, loudness and awareness

## What can I expect during a speech-language pathology session?

Our therapy sessions range from 30, 45 or 60 minute time blocks. We begin with a comprehensive formal or informal assessment to understand your child's current ability, strengths, needs and goals. A session may include fun, play-based activities aligned with your child's interests, which helps to keep them motivated while they develop and practice their new skills. Our therapists work collaboratively with the family, educators and other professionals, which may include strategies to practice at home or school.

## How do I arrange an appointment?

If you feel speech-language pathology might be beneficial contact us today. You don't need a referral from a GP or paediatrician, although this may help offset the cost of therapy. We will discuss with you the best pathway, fees and provide you with our referral form, along with any other important information we've discussed. Alternatively, you can download our referral form directly from our website.

**Ask about our tailored educator workshops, parent training and school programs we offer.**



# Talk to us today to see how we can help you.

Visit us in clinic, mobile or via telehealth.



[p] 02 9622 8500 [e] [support@growingearlyminds.org.au](mailto:support@growingearlyminds.org.au)  
[growingearlyminds.org.au](http://growingearlyminds.org.au)  [@growingearlyminds](https://www.facebook.com/growingearlyminds)



Registered NDIS Provider | Allied health professionals | Not-for-profit  
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