

**FREE**

# Support for families in Mt Drutt

Ask us how we can help you  
and your family.

Familylinks is part of Mission Australia's Communities for Children partnership program funded by the Australian Government. As part of the program, Familylinks provides supported playgroups for children 0-6 years within five local Mt Drutt primary schools as well as facilitating a variety of other programs.



## Free supported playgroups

Playgroup supports children 0-6 years, from all backgrounds and all abilities. Our facilitators are early childhood trained and our program is designed to promote inclusion and develop skills through play-based activities. We encourage children to explore, investigate and problem-solve, and most importantly to have lots of fun!

## Free parenting programs, workshops, information sessions and more

Our parenting programs are designed to support, inform, educate, build confidence and develop new skills. We can also assist parents in recognising developmental concerns and provide links to the relevant community, medical or early intervention service providers. Visit our website or Facebook page to view all our current programs or simply give us a call.

## Free DRUMBEAT® program

This program is currently offered in selected Mt Drutt primary schools. DRUMBEAT is an award-winning evidence-based structured learning program for adults and children. We use African Djembe drums and combine music, psychology and neurobiology to build social and emotional resilience and healthy relationship skills. If you're interested in running a program at your organisation or school please contact us.

## For more information:

[p] 02 9625 0422 [m] 0434 086 887

[e] [familylinks@growingearlyminds.org.au](mailto:familylinks@growingearlyminds.org.au)

[fb] [facebook.com/familylinkshubs](https://www.facebook.com/familylinkshubs)

Be sure to visit our website or our Facebook page to view the current calendar.

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# Supported playgroups in Mt DrUITT

Welcoming all children 0-6 years from all backgrounds and all abilities.



**Come and join us at any of our locations. We can't wait to play!**

## **Mondays 9-10am**

### **Parent-Child Mother Goose**

Madang Ave Public School, Mimika Ave, Mt DrUITT

## **Tuesdays 9-11am**

### **Playgroup incorporating**

### **Parent-Child Mother Goose**

Whalan Public School, Karangi Rd, Whalan

## **Wednesdays 9.15-11am**

### **Playgroup incorporating Parent-Child Mother Goose**

Hebersham Public School, Andover Cres, Hebersham

## **Thursdays 9-11am**

### **Playgroup incorporating**

### **Parent-Child Mother Goose**

Blackett Public School, Boldrewood Rd, Blackett

## **Fridays 9-11am**

### **Playgroup incorporating**

### **Parent-Child Mother Goose**

Shalvey Public School, Laver St, Shalvey

Be sure to visit our website or our Facebook page to view the current calendar. Playgroups run during school terms and operate from the Familylinks Community Hubs in the listed Mt DrUITT primary schools. Administration staff at the schools will direct you to the playgroup.

## **Not your nearest playgroup?**

Visit [growingearlyminds.org.au](http://growingearlyminds.org.au) for all our locations.

## **What do I bring?**

- A bottle of water.
- A healthy morning tea. (please avoid bringing food containing nut products)
- A hat for outdoor play.

## **What do I wear?**

Comfortable play clothes that can get dirty during messy play.

## **Activities**

We provide a range of activities including art and craft, sensory play, puzzles, construction, dramatic play plus much more.

### **What do parents do at playgroup?**

We encourage parents and carers to join in with all the activities.

### **What is Parent-Child Mother Goose?**

A fun program of activities (music, rhymes and storytelling) that supports the development of children in a number of areas including language, literacy and social skills.



**MISSION AUSTRALIA** **Communities for Children**

Communities for Children is a partnership program funded by the Australian Government

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**Growing early minds**

