

School Holiday Group Program

CHEF for a day



Sensory Testing



Critical thinking and
problem solving



Cooking Skills



Inspiring Creativity



Collaboration



Social Skills

About

Facilitated by a paediatric dietitian, this one-day cooking experience is designed for older children (ages 10-14) to learn life skills associated with Cooking. We start the day working on a menu as a group, then venture on foot to the local supermarket where each child will assist with purchasing items. We then return to the kitchen where we will cook and eat our meal as a group.

Details

- Date:** 27 January 2023
- Time:** 9.30am – 2.30pm
- Location:** Growing Early Minds Penrith –
15-17 Castlereagh Street,
Penrith
- Places:** Maximum 6 children
- Cost:** From \$387.96
(cost based on 1:3 ratio and
will change based on the
child's support needs)



This program is eligible under NDIS funding, under the Improved Daily Living or Social and Community Participation categories.

Register now (closes 19 December 2022)

Online: [growingearlyminds.org.au/
CHEF-for-a-day](http://growingearlyminds.org.au/CHEF-for-a-day)

Call: 1800 436 436

Email: support@growingearlyminds.org.au

Important note: you will be required to complete an online screener to assess program suitability.

Growing
early
minds